

People are Hurting

- Over 8 million single mothers live in poverty
- Only 33% of inmates remain out of jail/prison more than 3 years
- 20% of people age 12 and older have an addiction
- Over 7 million children are being raised by an alcoholic

The 180 Program offers hope to struggling families

- Skills that break generational cycles of poverty
- 76% of inmates remain out of jail/prison more than 3 years
- Freedom from addictions
- Parents as good examples
 - Educations achieved
 - Employment secured
 - Lives Recovered
 - Families Rebuilt
 - Legacies Restored

A 180 is possible

**Lives Recovered
Families Rebuilt
Legacies Restored**

The 180 Program

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Visit us on the web:
www.the180program.org

The 180 Program is a division of
Renewing The Mind Network

**RENEWING
THE MIND
NETWORK**

www.RenewingTheMindNetwork.com



the **180**
Program

**Restoring
dignity and purpose
to struggling families**

Have you ever known
someone who can't seem
to make two smart
decisions in a row?

- Addictions
- Incarceration
 - Chaos

It's heartbreaking!

Their families
pray for change,
but the
cycle of insanity
continues

There is hope
The cycle can end

The answer is found in
The 180 Program

Our Success Story

The 180 Program began on
March 23, 2003 when founders,
Rob and Meredith Kendall, built a
relationship with one single mother
who wanted to break the generational
cycles of poverty in her family.

Since that time, the impact of
The 180 Program has grown nationally
and is used with men, women and
young adults in churches, jails, prisons,
youth facilities, transitional homes,
homeless shelters, and recovery
centers to heal the hurting and help
them achieve their God-given potential.

**The 180 Program
helps heal what is
broken in the
heart, family and community**



The 180 Program

The 180 Program was specifically
developed to answer questions
from struggling families and
help them gain the skills necessary
to overcome their struggles.

The New Beginnings Study

This foundational study leads
students to identify, understand and
overcome the thoughts, feelings,
behaviors and patterns that are the
root cause of their negative cycles.

Additional Studies

Job Readiness

Gain dignity and confidence
while learning the character and
perseverance necessary to find
employment and build a career.

Budgeting 101

A simply explained budgeting
system specifically designed
for struggling families.

Relationships and Parenting
Choices and behaviors effect
others, including children.

Leadership

Students learn to achieve their
potential and become the best
leaders they can be.