



Week 1

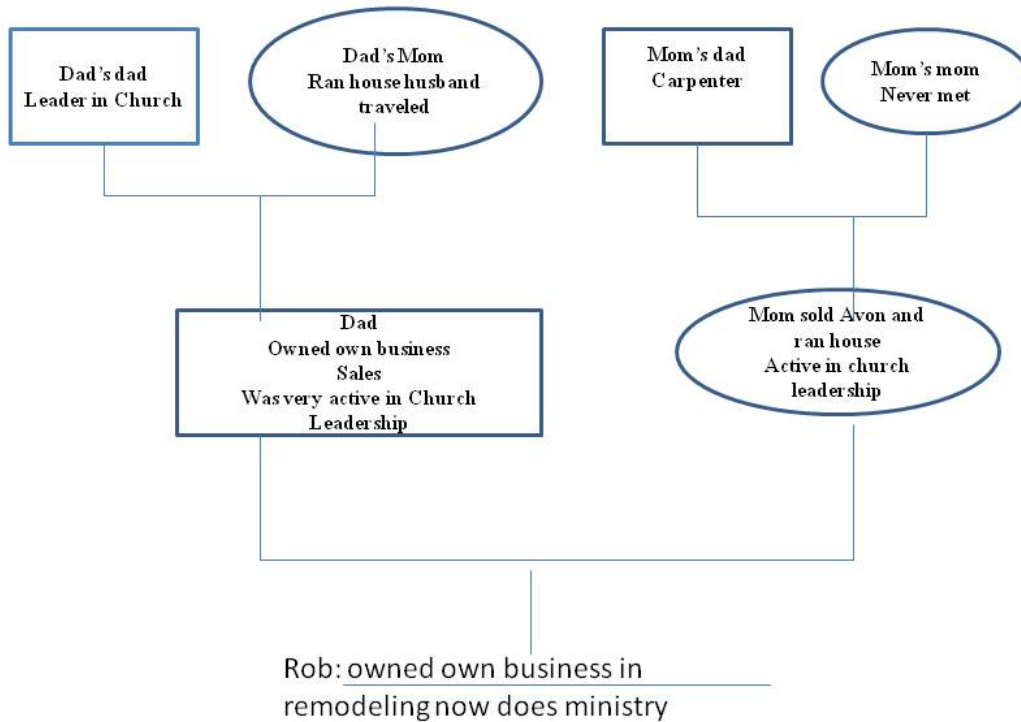
Date: _____

Leadership. We will take a look at the leader you have become and the leader you want to become. We will also take a look at leaders from history.

We are going to look at genograms. A genogram is a family map. This week’s genogram will be used to take a look at your past examples of leaders.

For our example we will use Rob Kendall’s co-author of the 180 Program’s genogram.

**if you have older siblings then off to the side write down their names and what they do. **

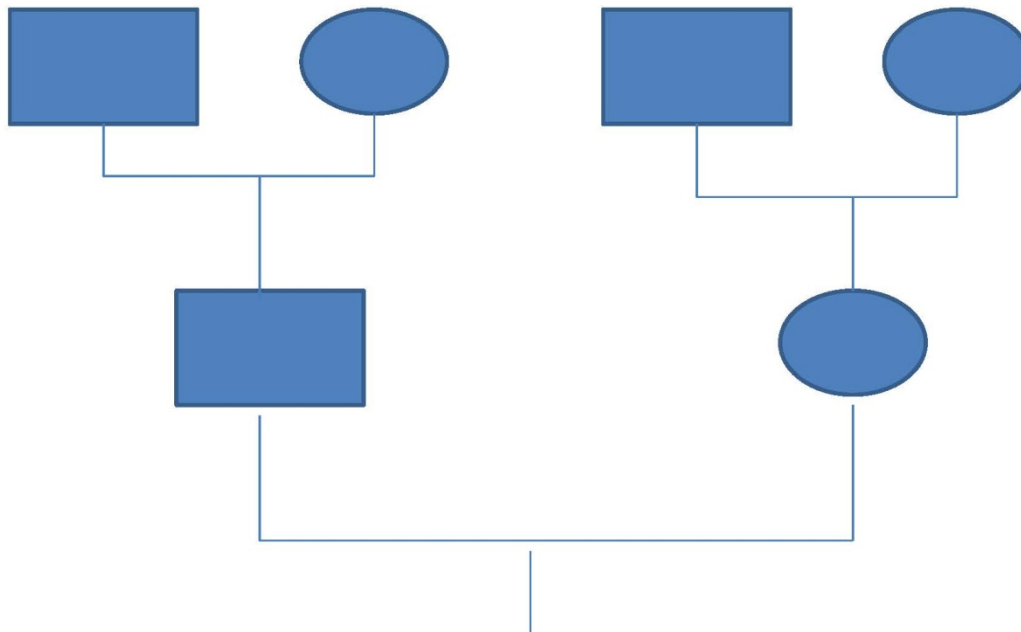




Rob is also the baby of 7 and the sibling part of his genogram looks like this: Oldest brother is active in the church and owns his own business. The 2nd was a sister who owned her own business with her husband, very active in the church but by profession she is a nurse. Next in line was another sister and she married a musician and they have been very active in the ministry all of their married life. The next sister owns a business with her husband, very active in ministry and has their own ministry to foster children. The last sister married into the ministry and is very active in the church that they Pastor. Robs brother 2 years older than him was a Pastor, quit for a while to go into a secular sales job but always remained active with the local Church.

So as you can see from Rob's mom/dad and grandma/grandpa; they raised up all these business owners, Pastors and Leaders in the Church.

So what does your genogram say about you:



Your name goes on this line



If your genogram does not tell a story of where you would like to end up or worse yet you could have easily been where you wanted to be but, you chose bad choices over good ones; it does not matter why it matters today what you are going to do about it.

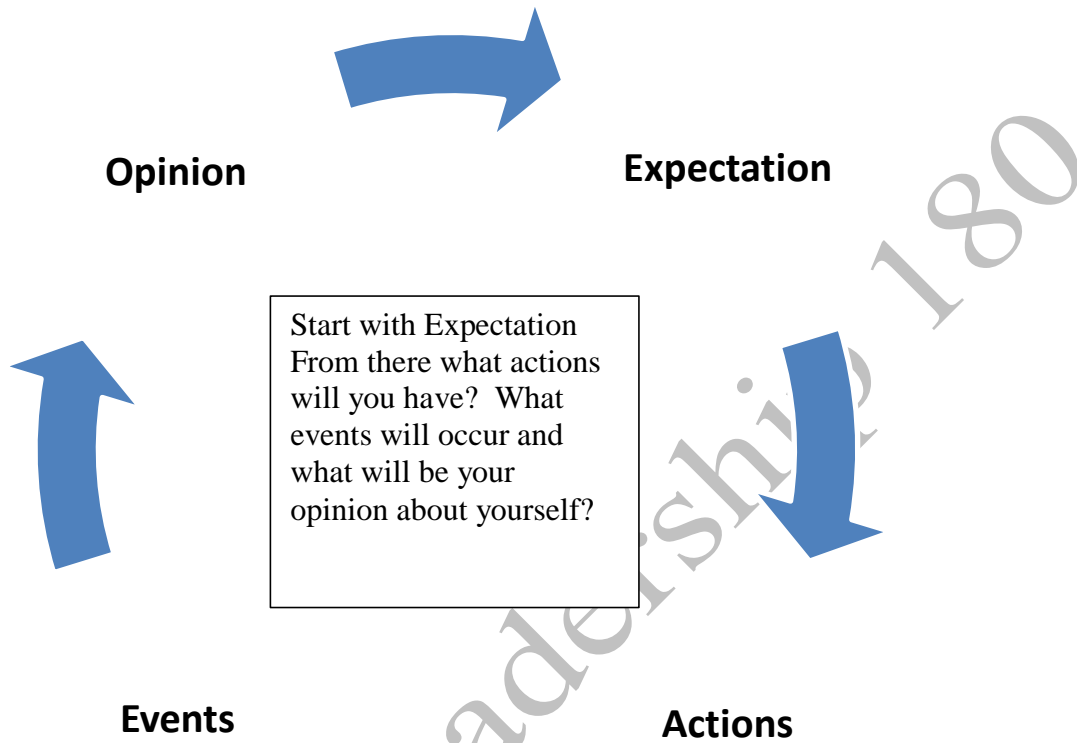
Because in reality the only step under consideration is the very next step.

Imagine it is **5 years from today** and answer the following questions:

1. Describe your life.

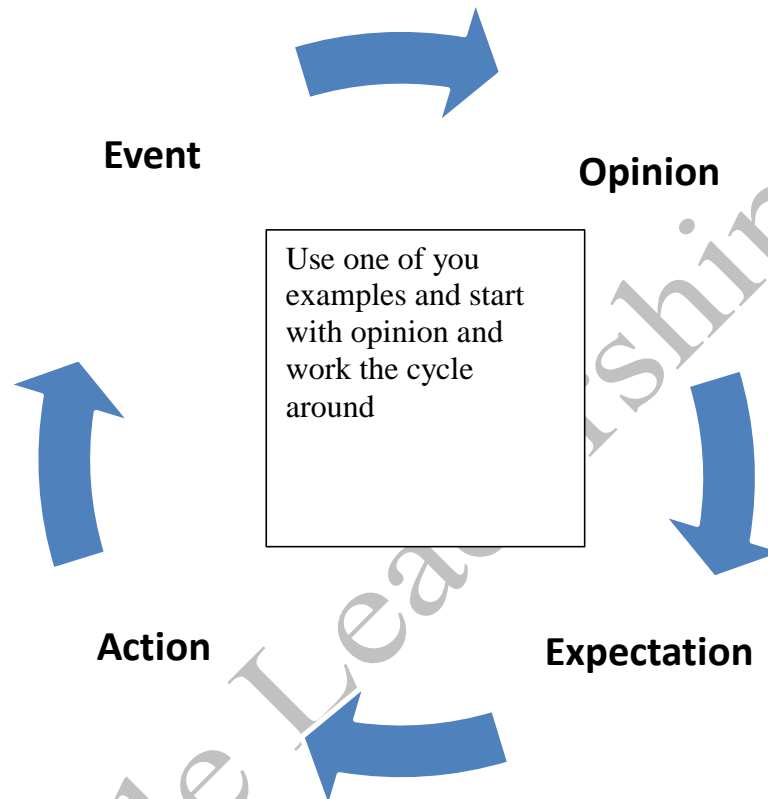
- ❖ Where are you living
- ❖ Family situation
- ❖ Social & Professional Friends/Acquaintances/Associations

2. What have been the reactions of your family and friends?



Write down 3 possible beliefs or thoughts that you hold about yourself today that may be limiting you from reaching your potential in 5 years

1. _____
2. _____
3. _____



Facilitator only:

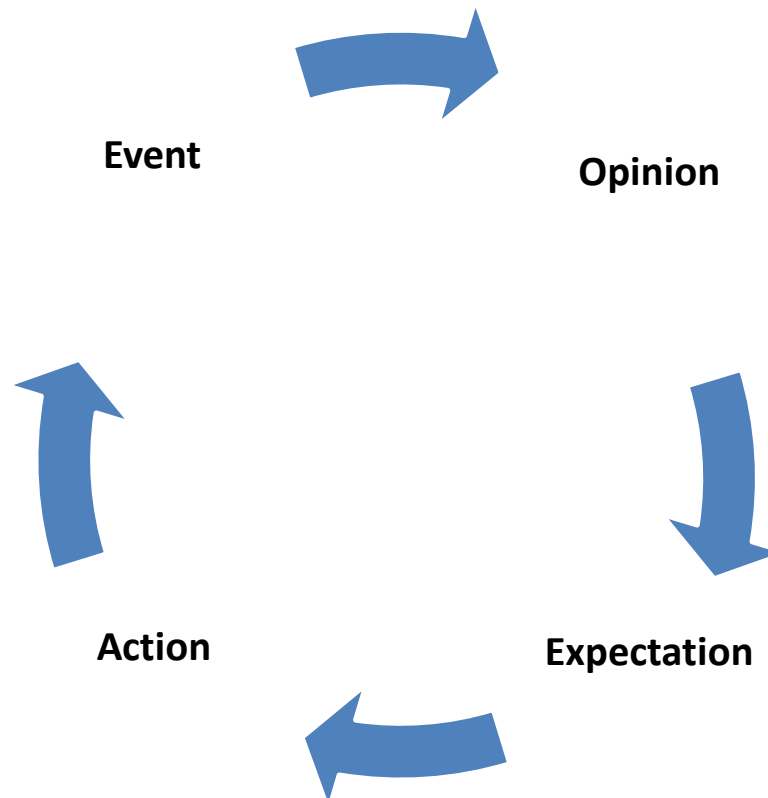


As you read this poem I want you to see all the words based upon opinion, belief, thinking etc.

If You Believe You Can, You Can
If you think you are beaten- you are.
If you think you dare not- you don't.
If you want to win but think you can't,
It is almost a cinch you won't.
If you think you'll lose- you've lost.
For out of the world we find
That success begins with a fellow's will;
It's all in the state of mind.
Life's battles don't always go
To the stronger or the faster man;
But sooner or later the man that wins
Is the one who thinks he can.

Combined Authorship – Walter D. Wintle & Vince Lombardi

Now that you read the poem pick out the words that were opinions about oneself; now work the cycle. Do this with both the positive and the negative words.





For the next 6 days you will be reading scripture and answering questions. Be truthful with yourself and our leadership abilities or lack of abilities. Here we go:

Day 1

If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him. ***James 1:5 (ESV)***

As a leader you should always be learning and gaining wisdom. Where do you see yourself needing to grow?

Who could you talk to and bounce ideas off of as you start your new journey as a better leader?

There are 8 lessons in this book and 6 days of reflection in each lesson, so for the next 48 days we are going to start your leadership prayer journal.

Day 1 God today you showed me _____ about myself and my abilities. Now write as you let God talk to you:



Day 2

I will instruct you and teach you in the way you should go; I will counsel you and watch over you.

Psalms 32:8(NIV)

As a leader who is instructing you?

What do you need to change when looking for counsel?

Day 2 As you finish think about yourself as a leader and ask God to show you things He wants you to see about yourself? Now write as you let God talk to you:



Day 3

Trust in the Lord with all your heart and lean not on your own understanding, in all your ways acknowledge him, and he will make your paths straight *Proverbs 3:5-6 (NIV)*

Who are we to rely on?

Why is that hard?

But what is the reward for letting God be the leader?

*Day 3 God show me things YOU want me to see about myself and my leadership abilities?
Now write as you let God talk to you:*



Day 4

Always be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love. Make every effort to keep yourselves united in the Spirit, binding yourselves together with peace.
Ephesians 4:2-3(NLT)

As a leader what are you supposed to do?

- _____
- _____
- _____
- _____
- _____

And will this be easy or hard for you? And why?

Day 4 God show me things YOU want me to see about myself and my leadership abilities?

Now write as you let God talk to you:



Day 5

May the words of my mouth and the meditation of my heart be pleasing to you, O Lord, my rock and my redeemer *Psalms 19:14(NLT)*

Who do you rely on?

And who do you hope to please with your words and thoughts?

Day 5 God show me things YOU want me to see about myself and my leadership abilities?
Now write as you let God talk to you:

Sample Leadership 180



Day 6

So humble yourselves under the mighty power of God, and at the right time he will lift you up in honor. Give all your worries and cares to God, for he cares about you. 1 Peter 5:6-7 (NLT)

As leaders we are to what?

What will be the reward if we humble ourselves under the mighty power of God?

What are we supposed to do with our worries? Why is that so hard as a leader?

*Day 6 God show me things YOU want me to see about myself and my leadership abilities?
Now write as you let God talk to you:*
